

Карти за потсетување за лекови

Medicines Reminder Cards Macedonian/English



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- 1. I need to stay at home until the nurse comes to visit for my tablets or call 1300 043 200
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- 3. I take my tablets with breakfast
- 4. Take my tablets before breakfast
- 5. On ______take my weekly tablet for healthy bones ½ an hour before breakfast and stay upright
- 6. I need to take my tablets at midday
- 7. I need to take my tablets at lunchtime
- 8. I need to take my tablets one hour before lunch
- 9. Take my tablets at 6pm
- 10. Take my tablets at evening meal time
- 11. Take my tablets at bedtime
- 12. Remember to take my tablets at 9pm
- 13. Apply cream to _____as shown to me
- 14. Take my antibiotics at _____ to treat my infection
- 15. I need to eat a snack before going to bed
- 16. Put _____ eye drops into my left/right eye
- 17. Put my eye drops in both eyes at _____
- 18. Put cream on my dry skin after bathing
- 19. Check my blood sugar before taking insulin _____
- 20. I use my inhaler at _____
- 21. I should take my______ if I have pain and then wait 4 6 hours before taking more

да се јавам на 1300 043 200

заради моите лекови или

медицинската сестра

дома додека не дојде

Треба да останам







I need to stay at home until the nurse comes to visit for my tablets or call 1300 043 200





Проверете го денот во неделата во календар, весник или кај член на семејството.

Земете ги моите таблети од мојот пакет за лекови за точен ден и во точно време.





Check the day of the week with the calendar, newspaper or family member Take my tablets from my medicines pack for the right day at the right times





Моите таблети ги земам со појадок







I take my tablets with breakfast		
	,	
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Земете ги моите таблети **пред** појадок





Medicines Reminder Card no. 4



Take my tablets before breakfast		
Take my tablets before breaklast		
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Во ______ земете ја мојата неделна таблета за здрави коски **половина час** пред појадок и останете исправени









Моите **таблети** треба да ги

земам напладне





Medicines Reminder Card no. 6



I need to take my tablets at midday		
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Моите таблети треба да ги земам во време на ручек



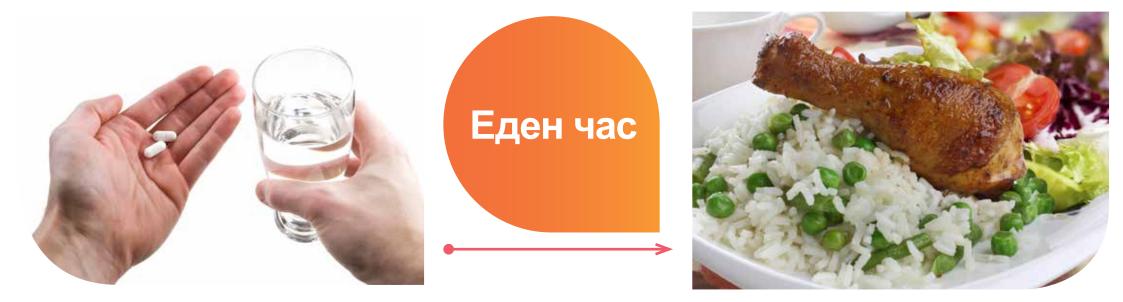




I need to take my tablets at lunchtime		
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Моите таблети треба да ги земам еден час пред ручек



Medicines Reminder Card no. 8



I need to take my tablets one hour before lunch	





Земете ги моите **таблети** во **6 навечер**





Medicines Reminder Card no. 9



Take my tablets at 6pm		
	,	
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Земете ги моите таблети во време на вечера







Take my tablets at evening meal time		
Take my tableto de evening medetime		
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Таблетите треба да ги земам пред одење на спиење навечер





Take my tablets at bedtime		
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	v v	



Запаметете да ги земете моите таблети во 9 навечер







Remember to take my tablets at 9pm
hemember to take my tablets at spin
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Ставете крем на

Како што ми е покажано





Apply cream to myas shown to me		
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Земете ги моите антибиотици во

заради лекување мојата инфекција





Take my antibiotics at to treat my infection		
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Треба нешто да изедам пред спиење





I need to eat a snack before going to bed		
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Ставете ми

капки за очи во левото/десното око





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	Put eye drops into my left/right eye
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Ставете ми капки во двете очи во







Put my eye drops in both eyes at		
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По капење ставете ми крем на сувата кожа







Put cream on my dry skin after bathing		
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Shoyar District Nul Sing Service Linnieu 2010		Medicines Reminder Calulio. To

Пред земањето инсулин проверете ми го шеќерот во крвта





Check my blood sugar before taking insulin	
check my blood sugar before taking insutin	
	J





Јас го користам мојот инхалатор во







I use my inhaler at		
l		
	,	





Треба да го земам мојот

ако имам болки и потоа чекам 4–6 часа пред да земам уште







I should take my if I have pain and then wait 4 to 6 hours before taking more	
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How to contact us:

boltonclarke.com.au Macedonian telephone interpreter service: **1300 043 200** 1300 22 11 22

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