

Schede Pro-Memoria delle Medicine

Medicines Reminder Cards
Italian/English



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- 12. Remember to take my tablets at 9pm
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- 14. Take my antibiotics at _____ to treat my infection
- 15. I need to eat a snack before going to bed
- 16. Put _____ eye drops into my left/right eye
- 17. Put my eye drops in both eyes at _____
- 18. Put cream on my dry skin after bathing
- 19. Check my blood sugar before taking insulin _____
- 20. I use my inhaler at _____
- 21. I should take my______ if I have pain and then wait 4 6 hours before taking more



Devo rimanere a casa fino a quando arriva l'infermiera per le mie compresse oppure devo chiamare il 1300 563 448



BOLTON	Be true to you

I need to stay at home until the nurse comes to visit for my tablets or call 1300 563 448





Devo controllare il giorno della settimana con il calendario, con il giornale o con un familiare.

Devo prendere le compresse dalla mia confezione per il giorno giusto alle ore giuste





BOLTON	Be true to you

Check the day of the week with the calendar, newspaper or family member

Take my tablets from my medicines pack for the right day at the right times





Prendo le mie compresse a colazione





BOLTON	Be true to you

I take my tablets with breakfast		
Trane my tublets with breakfast		
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Prendo le mie compresse prima di colazione



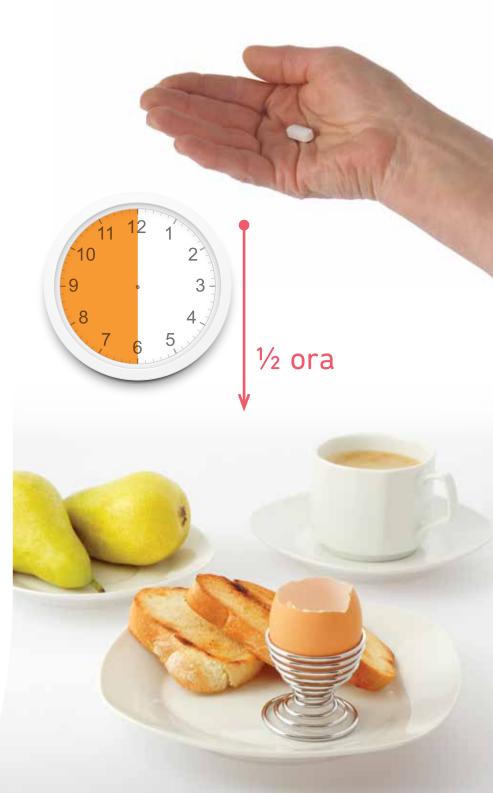


BOLTON	Be true to you

Take my tablets before breakfast	



prendo la mia compressa settimanale per la salute delle ossa ½ ora prima di colazione e rimango in posizione eretta



BOLTON	Be true to you

On I take my weekly tablet for healthy bones 1/2 an hour before breakfast and stay upright





Devo prendere le mie compresse a mezzogiorno





BOLTON	Be true to you

I need to take my tablets at midday	
)





Devo prendere le mie compresse all'ora di pranzo





BOLTON	Be true to you

I need to take my tablets at lunchtime





Devo prendere le mie compresse un'ora prima di pranzo



BOLTON	Be true to you

I need to take my tablets one hour before lunch
I need to take my tablets one hour before lunch





Prendo le mie compresse alle 18:00





BOLTON	Be true to you

Take my tablets at 6pm
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Prendo le mie compresse la sera a cena





BOLTON	Be true to you

Take my tablets at evening meal time	



Devo prendere le mie compresse la sera quando vado a letto



BOLTON	Be true to you

T 1 1 1 1 1 1 1		
Take my tablets at bedtime		
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Devo ricordarmi di prendere le mie compresse alle **21:00**





BOLTON	Be true to you

Remember to take my tablets at 9pm	
)



Metto la crema a

come mi hanno fatto vedere



BOLTON	Be true to you
_	

Apply cream to myas shown to me	
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Apply cream to myas shown to me	
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Prendo gli antibiotici alle

per curare la mia infezione



Medicines Reminder Card no. 14

BOLTON	Be true to you
_	

Take my antibiotics at to treat my infection		
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Devo fare uno spuntino prima di andare a letto



BOLTON	Be true to you

I need to eat a snack before going to bed





Metto_____ gocce nell'occhio sinistro/destro



BOLTON	Be true to you

Put eye drops into my left/right eye



Devo mettere le gocce in entrambi gli occhi





BOLTON	Be true to you
_	

Put my eye drops in both eyes at		
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Metto della crema sulla pelle asciutta dopo aver fatto il bagno





BOLTON	Be true to you

Put cream on my dry skin after bathing





Controllo il livello dello zucchero nel sangue prima di prendere l'insulina



BOLTON	Be true to you

Check my blood sugar before taking insulin	
Check my blood sudar before laking insulin	





Uso il mio inalatore alle





BOLTON	Be true to you

I use my inhaler at		
L		





Devo prendere

se sento dolore e poi devo aspettare 4–6 ore prima di prenderne ancora





BOLTON	Be true to you
_	

I should take my	if I have pain and then wait 4 to 6 hours before taking more





How to contact us:

Italian telephone interpreter service: **1300 563 448** 1300 22 11 22

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Bolton Clarke is the brand name for a group of companies being RSL Care RDNS Limited ACN 010 488 454, Royal District Nursing Service Limited ACN 052 188 717 and RDNS HomeCare Limited ACN 152 43 152.





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